

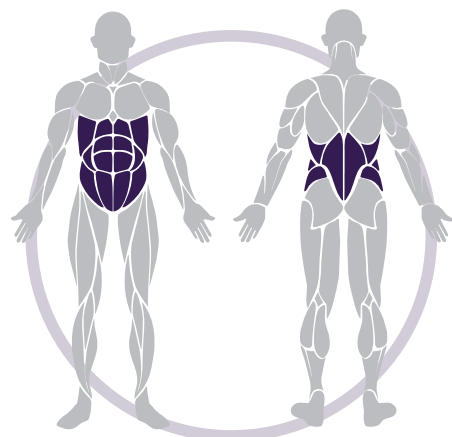
DATA SHEET

ROTARY TORSO



Assisted movement/ exercise of the obliques and erector spinae muscles for strengthening of the waist, abdominals and lower back.

The Rotary Torso assists with the rotation of the trunk, hips and shoulders. Rotation of the trunk is one of the first movements to decline as part of the ageing process. This is further accelerated in people with neurological changes. Reduced trunk rotation leads to loss of arm swing during walking, reduced balance, back pain and stiffness. The Rotary Torso helps to reverse or minimise these changes.



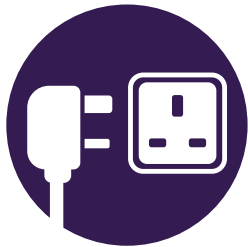
Targeted areas:

Obliques, Waist, Abdominal,
Rectus Abdominus, Lower Back.

Technical Specifications



7" smart console offering both quick start and programme options



Power assisted (plug and play installation)



Dimensions:

W120cm x D126cm x H137cm



Weight:

85.2kg



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per machine

Plug Cable Length: 1.5 metre



Upholstery:

Side Panels: High impact resistant ABS plastic



Covers:

Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2

innerva
together in motion

Unit 3 Kiln Hill Industrial Estate,
Kiln Hill, Slaithwaite,
Huddersfield, HD7 5JS

✉ email
info@innerva.com

☎ telephone
01484 667474

🖱 website
www.innerva.com